APPROVED
Order of Ministry of
Healthcare of Ukraine
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Order of the Ministry of
Health of Ukraine
14.01.2023 № 84

INSTRUCTION
for medical use

KATARIA®

Composition:
active substance: sodium citrate;
1 sachet (5.6 g of granules) contains sodium citrate 4 g;
excipients: Sucrose, Sodium saccharin, Flavor cranberry 191121.

Pharmaceutical form. Granules.
General physical and chemical properties: white or almost white free-flowing granules with a pleasant odor.

Pharmacotherapeutic group.
Drugs used in urology. Code ATX G04B X.

Pharmacological properties.
Pharmacodynamics.
Sodium citrate is metabolized to bicarbonate, which promotes regression of dysuria, observed in cystitis, reduces the acidity of urine, causing alkalinization.
Pharmacokinetics.
Pharmacokinetics of sodium citrate responds its natural pharmacokinetics in the body.

Clinical characteristics.
Indications.
Relief the symptoms of cystitis in women.

Contraindications.
- Hypersensitivity to the active substance or any other drug.
- Diabetes mellitus.
- Cardiac disease.
- Arterial hypertension.
- Renal disease.
- Staying on low-salt diet.
- Pregnancy, breastfeeding.

Interaction with other medicinal products and other forms of interaction.

Avoid joint use of products containing sodium, patients receiving lithium drugs as sodium absorbed mainly by the kidneys, which leads to increased excretion of lithium and lowering its level in the blood plasma.
Do not use drugs while contributing meadow urine, including sodium citrate, with methenamine because it is effective only in acidic urine.
The therapeutic effect of a number of drugs can be reduced or increased in the meadow urine or reducing the pH of gastric acid, resulting from the action of sodium citrate.

Administration details.
If symptoms persist after two days of treatment, it is necessary to contact the doctor. Do not exceed the recommended dose.
Excipients. The drug contains sucrose. If You have installed intolerance to some sugars, consult your doctor before taking this medicine.
This medicinal product contains 40.8 µmol (939 mg) / dose of sodium. Be careful while using by patients who used sodium-controlled diet.

Using during pregnancy or breastfeeding.
Contraindicated in pregnancy and breastfeeding.

Effects on ability to drive and operate machinery.
Do not installed.

Administration and dosage.
Female (adults)
Dissolve the contents of one sachet in a glass of water.
Take orally 1 sachet 3 times per day during 48 hours.
The prepared solution should be used immediately.
Female and children
Is not recommended.

Children.
Is not recommended.

Overdose.
Drug overdose unlikely.
Symptoms: in case of persistent misuse of sodium citrate may appear a feeling of gastrointestinal discomfort and diarrhea. An overdose of sodium salts can lead to hypernatremia and hyperosmolarity. Excessive use of bicarbonate can cause hypokalemia and metabolic alkalosis, especially in patients with impaired renal function.
Treatment: symptomatic, including appropriate correction of fluid and electrolyte balance.

Adverse reactions.
Immune system disorders: hypersensitivity reactions, including skin rashes.
Gastro-intestinal tract disorders: abdominal pain.
Kidney and urinary system disorders: Modest rise of diuresis.

Self-life. 3 years.

Storage conditions.
Store at the temperature not more than 25 °C in original package.
Keep out of reach of children.

Package.
At 5.6 grams of granules in sachets. 6 sachets in a carton package.

Conditions of supply.
Without prescription.

Manufacturer.
KUSUM HEALTHCARE PVT LTD.

Manufacturer's location and address of the place of business.
SP-289 (A), RIICO Industrial area, Chopanki, Bhiwadi, Dist. Alwar (Rajasthan), India.

Date of last revision.